

Client Confidential Intake Form

Name _____ Date _____

Address _____
Street City State Zip

Date of Birth _____ Home Number _____ Cell Number _____

Emergency Contact _____
Name Relationship Number

Are you presently taking any medication? _____ Yes _____ No

Please Explain:

Have you had a recent major surgical procedure or injury? ____ Yes ____ No

Please Explain:

Are you currently seeing a Chiropractor, Physical Therapist, or Physician for an ongoing issue?

____ Yes ____ No

Please Explain:

Please circle your stress level:

Low 1 2 3 4 5 High

Are you allergic to any Lotions or Oils? ____ Yes ____ No

Please Explain: _____

Intake Form

Circle the following conditions that apply to you, past and present. Please add your comments to clarify the condition.

Musculo-Skeletal

- Headaches
- Joint stiffness/swelling
- Spasms/cramps
- Broken/Fractured bones
- Strains/Sprains
- Back, hip pain
- Shoulder, neck, arm, hand pain
- Leg, foot pain
- Chest, ribs, abdominal pain
- Problems walking
- Jaw pain/TMJ
- Tendonitis

Digestive

- Indigestion
- Constipation
- Intestinal gas/bloating
- Diarrhea
- Irritable bowel syndrome
- Crohn's Disease
- Colitis
- Other: _____

Nervous System

Skin

- Rashes
- Allergies
- Athlete's foot
- Acne
- Impetigo
- Hemophilia

Other

- Loss of Appetite
- Depression
- Difficulty concentrating

Bursitis
Arthritis
Osteoporosis
Scoliosis
Other: _____

Numbness/tingling
Fatigue
Sleep disorders
Ulcers
Paralysis
Herpes/shingles
Cerebral Palsy
Epilepsy
Chronic Fatigue Syndrome
Multiple Sclerosis
Muscular Dystrophy
Parkinson's Disease
Other: _____

Hearing Impaired
Visually Impaired
Diabetes
Fibromyalgia
Post/Polio Syndrome
Cancer
Tuberculosis
Other: _____

Circulator/Respiratory

Dizziness
Shortness of breath
Fainting
Cold feet or hands
Cold sweats
Stroke
Heart condition
Allergies
Asthma
High blood pressure
Low blood pressure
Other: _____

Reproductive System

Pregnancy

Surgical History (year and type) and/or Recent Procedures: _____

Hospitalizations _____

Accidents or Traumas _____

Falls/Injuries to Sacrum/head/tailbone (describe) _____

Female Reproductive Health History

When did you begin your menses _____ **What was this like for you** _____

How many Pregnancie(s) have you had? _____ **Number of Deliverie(s)** _____ **Dates** _____

Termination(s) _____ **When** _____

Miscarriage(s)? _____ **When** _____

Complications _____

What was your experience of: *Pregnancy* _____

Labor _____

Delivery _____

Post

Partum _____

Medications your mother took when she was pregnant with you (if any) _____

Birth Trauma if known _____

Maternal Family History of (*please circle*) Infertility Fibroids Endometriosis-----PMS Menopause

Cancer(type) _____ **Menstrual Problems** **Other** _____

Method of Contraception (circle) pills patch diaphram injection condoms IUD abstinence rhythm method

Fertility Awareness **Other:** _____ **Length of time using method** _____

Last Pap smear _____ Results (if known) _____

Date of Last Menstrual period _____ Length of Menses _____ Are you Pregnant/Trying to Conceive _____

Episodes of Amenorrhea _____ When _____ For how long _____

Painful Periods	Irregular Cycles (early or late)
Dark, thick blood at beginning of cycle	Dark thick blood at the end of cycle
Headache or Migraine with period	Dizziness with period
Bloating/Water Retention with period	Heaviness in pelvis with period
PMS/Depression with or before period	Excessive Bleeding (> one pad/hour)
Failure to Ovulate	Painful Ovulation
Varicose Veins	Tired weak legs
Numb legs and feet when standing	Sore heels when walking
Low back ache	Painful intercourse
Constipation	Endometriosis
Endometritis/Uterine Infections	Uterine Polyps
Fibroids	Vaginal Discharge/Vaginitis/
Bladder Infections/Incontinence	Chronic Miscarriage
Weak newborn infants	Premature deliveries
Incompetent cervix	Spotting with pregnancy
Pelvic Inflammation	Sexually Transmitted disease
Dry Vagina	Difficult menopause
Cancer esp of reproductive area	Cysts esp breast/ovarian
Other:	

Are you under the treatment for Infertility _____ Describe current treatment to date : _____

(IUI, IVF,etc) _____

Gynecological Provider: _____ Address _____ Phone _____

Rate your interest in Sex: High _____ Moderate _____ Low _____ None _____

Do you have or ever had difficulty experiencing orgasms _____

Have you experienced a history of rape _____ trauma _____ incest _____ If so,-when _____

Did you undergo counseling for this _____

What was this like for you _____

Agreement

I understand that Suzi Wilkoff does not diagnose disease, illness, or prescribe any treatment or drugs, nor do they provide spinal manipulation. I understand that draping will be used at all times . I understand that if I become uncomfortable for any reason that I may ask the Therapist to end the session, and they will end the session. I understand that the practitioner may end the session for any inappropriate behavior. I have stated all of the conditions that I am aware of, and this information is true and accurate. I will inform the health care provider of any changes in my status. I have received a copy of this agreement and cancellation policy.

Cancellation Policy

48 Hours Notice Required for Changes or Cancellations. Full session fee will be charged for less than 48 hours notice. Please inform me if you have an emergency or circumstance beyond your control.

Client's signature _____ Date _____

